

ARE YOU READY TO GET TO WORK?

ESSENTIAL THERAPY PACKAGE

Personalized Therapy for Couples or Individuals Seeking Expert Guidance

Not every relationship needs an intensive, high-touch program, but every relationship deserves care, attention, and professional guidance. The **Essential Therapy Package** is designed for **couples or individuals** who want to improve communication, rebuild connection, and work through challenges at their own pace.

This **structured yet flexible package** provides expert support **without the commitment of weekly sessions**, allowing you to schedule sessions as needed over **three months**.

This Package is Ideal for:

- Couples or individuals who want expert relationship guidance but don't need intensive concierge-level support
- Those looking for a structured approach to improving communication, trust, and emotional connection
- Clients who prefer a flexible therapy schedule over three months rather than weekly sessions
- Individuals working through relationship challenges, separation, or self-growth in love and intimacy

Whether you're navigating relationship struggles, improving emotional intimacy, or strengthening self-awareness, this package gives you the expert guidance you need with the flexibility you want.

What's Included:

- 8 Hours of Therapy (Virtual or In-Office) to be used over 3 months
- Customized Scheduling – Sessions can be used as needed throughout the three-month period
- For Couples or Individuals – This package is available for both relationship therapy and personal therapy



800-913-9613



HoustonRelationshipTherapy.com

[HOUSTONRELATIONSHIPTHERAPY.COM/CONTACT](https://HoustonRelationshipTherapy.com/contact)

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Investment: \$3,800

- Includes 8 hours of therapy to be used within three months
- No hidden fees—full access for a one-time flat rate
- Clients may renew or upgrade to additional therapy if needed

Why Invest in This Package?

- More flexibility than traditional therapy. You decide when and how to use your sessions over three months
- Perfect for couples or individuals. Whether working alone or together, you'll receive expert guidance tailored to your needs
- More cost-effective than paying session by session. Prepaying ensures consistency and priority scheduling

How to Get Started

This program is available to a limited number of clients per month to ensure the highest level of personalized care.

To begin, simply schedule your first session.

INVESTMENT:

8 HOURS FOR \$3800

Schedule a 10-minute Call with Dr. Viviana

to Discuss Whether Working with Her is Appropriate for Your Situation



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